Meet the Team

Sundee Rossi
AAA Director

Kathryn English
Operations Manager

John Atchison
Nutrition Admin. Assistant
Serve as an advocate for older individuals across the Panhandle

Promote the dignity and independence of older adults

Empower individuals with the resources they need to maintain choice including the ability to remain at home for as long as possible

Offer a wide array of coordinated programs with over 20 unique funding sources.
Title III-C Nutrition Services are designed to provide healthy, nutritious meals to reduce hunger and food insecurity across the Texas Panhandle.

**Eligible Individuals**

- Aged 60 or Over
- Targets: Low-Income, Minorities
- Must have significant deficiencies in Activities of Daily Living
- Must be a participant at one of eleven existing sites

**Home-Delivered**

A hot, cold, frozen (or other supplemental, shelf-stable) food delivered to a person at their place of residence

**Congregate**

A hot (or other appropriate) meal served in a congregate setting
Nutrition Providers

- Amarillo Wesley Community Center
- Collingsworth County Home Delivered Meals
- Donley County Senior Citizens
- Hall County Home Delivery Meals
- Hedley Senior Citizens Center
- Hereford Senior Citizens Association

- Moore County Senior Citizens
- Opportunities, Inc.
- Shamrock Meals on Wheels
- Swisher County Senior Citizens
- Tri County Meals
- FoodNET (AAA)

17 Sites
13 Cities
12 Counties
FoodNET Sites

1. ACTS Community Center
   202 South Louisiana Street

2. Bivins Village
   3201 Tee Anchor Boulevard

3. Hilltop Senior Citizens Assoc.
   1311 North Taylor Street

4. Independence Village
   4700 South Virginia

5. Northwest Village
   6101 West Interstate 40

6. Winwood Village
   4421 Ridgecrest Circle
AAA Nutrition
FY21

Home-Delivered Meals
167,414

Congregate Meals
33,184

Meal Recipients
1,705

Nutrition Education Recipients
1,530
**Congregate Client**

- **Income Above $1,073**
- **Age Above 70**
- **Live Alone in Poverty 27%**
- **High Nutrition Risk 11%**
- **Live Alone 47%**

**Few Deficiencies in ADLs**
- Dressing, Bathing, Eating, Mobility

**Few Deficiencies in IADLs**
- Meal Preparation, Transportation, Light Housekeeping
Home Delivered Client

- Income Less Than $1,073: 71%
- Age Above 67: 67%
- Deficiencies in ADLs:
  - Dressing, Bathing, Eating, Mobility
- In Poverty: 71%

- Deficiencies in IADLs:
  - Meal Preparation, Transportation, Light Housekeeping
- High Nutrition Risk: 58%
- Live Alone: 67%
Area Agency on Aging

Title III – C Nutrition Services

Questions? Comments?

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