

APPENDIX J

TERMS AND DEFINITIONS OF INTEREST

HUNGER TERMS AND DEFINITIONS

AAA

Areas Agencies on Aging (AAAs) is a network of approximately 620 organizations nationwide which serve the elderly populations (60+) of their local areas. Most agencies serve a specific geographic area of several neighboring counties, although a few offer services statewide. This is especially true in smaller or less densely populated states. All the AAAs receive federal funding under the Older American Act and most supplement that funding with additional state and local revenues.

Backpack Program (SnackPak 4 Kids)

A program that provides food-insecure children with bags of food to take home for the weekend. Most food-insecure children receive food and meals while in school; it is when school is not in session, on weekends and school holidays, that these children suffer from hunger and/or food insecurity. The BackPack Program targets these children and provides foods for those at-risk times. Because the foods are likely shared with siblings and other family members, the foods provided can be easily prepared and shared.

CSFP

The CSFP is a United States Department of Agriculture Program intended to improve the health and nutritional status of elderly persons 60 years of age or older who are at or below 135% of the Federal Poverty Guidelines. The program provides nutrition education activities and donated supplemental foods. Each month, CSFP participants receive one 25-30-pound box of shelf-stable groceries, and a 2-pound block of cheese, to supplement their diets. Items include cereal, canned fruits and vegetables, canned animal proteins, additional protein items such as dry beans and peanut butter, grains, liquid milk, and dry milk on alternating months. Each item provided to CSFP clients is intended to be a healthy addition to meals they prepare at home when other food sources are running low.

Food Pantry, Choice Pantry

A program or agency that provides food and groceries for clients to take home. Most are set up like a grocery store with shelves of food and, often, a large refrigerator and/or freezer. A choice pantry allows the client to choose what items to select and take home. The client can select a specific number of items from each food group; the larger the family, the more items from each food group are allowed.

Feeding America

Based in Chicago, Feeding America is the national food bank network, with member food banks -- including Food Bank for Westchester -- around the country. Each member food bank provides food to local hunger-relief programs within its service area. For information: www.feedingamerica.org.

Food Bank

A not-for-profit organization that acquires foods in bulk through donation and purchase and then repackages those foods for distribution to its member programs/agencies within its service area. Food Bank "members" are front-line hunger-relief agencies or programs that serve prepared meals or give food directly to clients to take home. A food bank solicits, receives, inventories, and distributes donated and purchased grocery products to its members, adhering to grocery industry and other regulatory standards.

Food Bank Network

The network of national, state and/or local food banks and hunger-relief programs that address the needs of hungry people.

Food Drive

An initiative to acquire foods for donation to a food bank or local hunger-relief program. Many businesses and religious institutions hold food drives, and food banks depend on these donations. Ideal food drive items are: tuna (canned or pouched); whole-grain cereals and instant oatmeal; peanut butter; canned stews, soups, chili, and pasta; canned fruits and vegetables; pasta and boxed macaroni-and-cheese dinners; rice; milk (shelf-stable boxed or powdered); 100% fruit juice in boxes, cans or plastic.

Food Insecure

When a person lacks consistent access to enough nutritionally adequate food for an active, healthy life.

Food Insecurity

USDA's measure of lack of access, at all times, to enough food for an active, healthy life for all household members; limited to uncertain availability of nutritionally adequate foods.

Food Insecurity with Hunger

An involuntary and undesirable state that results from not being able to afford enough food.

FoodNet

The name given to the Panhandle Area Agency on Aging's Amarillo Senior Food Program. It encompasses both five congregate meal sites and home delivered meals. The Elizabeth Jane Bivins Culinary Center is the current provider for these meals.

Food Pantry

A charitable organization that solicits, receives, inventories, and distributes donated and purchased grocery products for home preparation and consumption.

Food Recovery or Food Rescue Program

A charitable organization or a program of a food bank that collects prepared and perishable foods that would otherwise be discarded from sites such as supermarkets, restaurants, caterers and hotels pursuant to local health department and/or appropriate regulatory standards. The food is distributed to charitable human service agencies, which provide food to needy clients through various types of programs.

Hunger

The urgent need for food. Children who are hungry can suffer life-long consequences since their brains and bodies are developing and need the fuel of food to grow and thrive. Children and adults can suffer from various diseases from lack of food or certain foods.

Kids Cafe

A Feeding America program where children are given hot meals and snacks after school. The High Plains Food Bank has Kids Cafes at 16 sites in Amarillo (as of December 2017)

Meals on Wheels

Meals on Wheels is a program that delivers meals to individuals at home who are unable to purchase or prepare their own meals. The name is often used generically to refer to home-delivered meals programs, not all of which are actually named "Meals on Wheels". Because they are housebound, many of the recipients are the elderly, and many of the volunteers are also elderly but able-bodied and able to drive automobiles.

Research shows that home-delivered meal programs significantly improve diet quality, increase nutrient intakes, reduce food insecurity and improve quality-of-life among the recipients. The programs also reduce government expenditures by reducing the need of recipients to use hospitals, nursing homes or other expensive community-based services.

Member Program or Agency

A charitable organization, food pantry, soup kitchen, residence or other agency/program that receives food from a local food bank and then provides that food and/or prepared meals directly to hungry people.

Older Americans Act (OAA)

The Older Americans Act (OAA), originally enacted in 1965, supports a range of home and community-based services, such as meals-on-wheels and other nutrition programs, in-home services, transportation, legal services, elder abuse prevention and caregivers support. These programs help seniors stay as independent as possible in their homes and communities. In addition, OAA services help seniors avoid hospitalization and nursing home care and, as a result, save federal and state funds that otherwise would be spent on such care.

Rapid Distribution

The means of getting refrigerated and frozen goods to food insecure and hungry people quickly before food spoilage occurs.

Shelter

(Emergency Shelter, Homeless Shelter) a charitable program whose primary purpose is to provide shelter or housing on a short- term or temporary basis to needy clients and typically serves one or more meals a day.

SNAP

The Supplemental Nutrition Assistance Program, formerly known as Food Stamps, that helps eligible individuals and families purchase food.

TEFAP

The Emergency Food Assistance Program. Federal dollars are allocated to cover the cost of warehousing and distributing USDA commodities.

TEXANS FEEDING TEXANS – HOME DELIVERED MEAL GRANT PROGRAM

The Texans Feeding Texans Home-Delivered Meal Grant Program is administered by the Texas Department of Agriculture. The program was established to help supplement and extend a community's current home-delivered meal program for seniors and/or disabled Texans.

USDA

United States Department of Agriculture.